

ABSOLUTE HOMECARE

MEET NURSE MANDY

Mandy Shorter, AHMS Clinical Supervisor

With over 20 years of experience in long term care and skilled nursing, Mandy Shorter contributes to the success of Absolute Homecare with her expertise in gerontology.

Mandy is a Board Certified Geriatric Nurse Specialist and has recently served two 4-year terms as a Content Expert Panelist for the American Nurses Credentialing Center in Silver Springs, MD. Previously, she has held positions of Director of Nursing and Medicare Certified Rehab unit Nurse Manager.

This spring marks Mandy's second anniversary with Absolute Homecare as Clinical Supervisor. In her current role, Mandy provides private nursing solutions, including Medication set-up and monitoring,

PT/INR (Coumadin) testing and result follow-up, and health assessments.

Recently, Mandy was asked to share general advice to the community. Her response? Talk and plan your advanced directives.

Discuss with your family and put into place your advanced directives, and end of life wishes. Share this information and provide copies to your physician. Do this early in life and review on an annual basis. If your parents have not already done so, please encourage them to do it while still able. No one likes to discuss end of life issues, but it helps relieve difficult decisions we may be faced with later on.

AHMS PARTICIPATES IN HABI HOUR

Kalamazoo Valley Habitat For Humanity



On February 24, AHMS attended the 5th Annual Habi Hour, benefiting Kalamazoo Valley Habitat for Humanity.

The event featured over 300 participants and raised \$30,050 in combined donations, auction items, sponsorships, and ticket sales. Proceeds raised help build, renovate and repair homes in Kalamazoo County.

To learn more about Kalamazoo Valley Habitat for Humanity visit: www.habitatkalamazoo.org.

SAVE THE DATE: WALK TO END ALZ

Mark your calendars for September 20, 2015 for The Alzheimer's Association Walk to End Alzheimer's, raising awareness and funds for Alzheimer's care, support and research. Volunteers, sponsors and teams may contact Kristin Burt, Walk Manager, for additional info: office: 269-342-1482 or kbur@alz.org.

CELEBRATING A DECADE OF SERVICE

Absolute Homecare & Medical Staffing's 10th Year

Absolute Homecare & Medical Staffing is pleased to announce 2015 marks the 10th year of providing in-home services, both non-medical and private nursing solutions, to help individuals age in place.

Founded in 2005, co-owners Becky Bigelow and Bobbie Ray established a full service home health care agency, dedicated to providing professional, high quality in-home services, serving Southwest Michigan.

AHMS is also a member of "buy local" Greater Kalamazoo, supporting local businesses within our community.



LIVING YOUR LIFE AT HOME WITH ABSOLUTE HOMECARE

Client Testimonial: Susan R.

"I truly believe Absolute Homecare caregivers have given my mom extra years. In addition to their daily care, they take her out nearly every day. I think this has helped her immensely because she doesn't just sit around all day. The caregivers are all wonderful to her and she loves them all."

TO LEARN MORE ABOUT ABSOLUTE HOMECARE AND MEDICAL STAFFING PLEASE VISIT OUR WEBSITE: ABSOLUTEHOMECAREMI.COM OR CALL 269.324.8080



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